

THE ALABAMA PULSE



EXCHANGE

ALABAMA DISTRICT EXCHANGE CLUBS

The Alabama Pulse-Published Quarterly Alabama District Exchange Clubs Volume 4 Number 2 March 21, 2024

PROGRAMS OF SERVICE "CENTER STAGE" FOR ALABAMA DISTRICT EXCHANGE DURING 2023-2024 CLUB YEAR

Happy Spring to all the Exchange Club members of the Alabama District! We are about to start the last quarter of the National Exchange Club's 2023-2024 club year. As I travel around the state, I am inspired by the service and leadership of our Alabama District Exchange Clubs. In this newsletter, we decided to focus upon the clubs and their programs of service (POS) throughout the state of Alabama. This information is from club secretaries, club Facebook pages, and other social media posts. Here are some reminders for you and your club:

- Please send updates and photos to Maureen (murphdog53@gmail.com) so we can include your club in our newsletter and ADEC website at: <https://www.alabamadistrictexchange.com/>.
- Remember to report your club's Programs of Service (POS) at your club's page under "Projects" at the National Exchange Club website: <https://www.nationalexchangeclub.org/>. The deadline for your information to be entered for this club year is June 30, 2024.
- Strive to earn the **National Service Award** by completing 6 POS, including at least one project each in the category of youth, Americanism, community service, and the prevention of child abuse.

Thank you for all you do for Exchange and make plans to attend the ADEC Convention in Mobile June 1-2, 2024, and the NEC Convention July 10-13, 2024, in San Antonio, TX!

Maureen Kendrick Murphy

Welcome to Our Newest Club-The Exchange Club of Phenix City, AL. 2023-2024 Officers shown below.



CLICK on the "PULSE" of EXCHANGE:

National Exchange Club
<https://www.nationalexchangeclub.org/>

Believe in the Blue
www.believeintheblue.org

National Exchange Club On-Line Store
www.BuyExchange.org

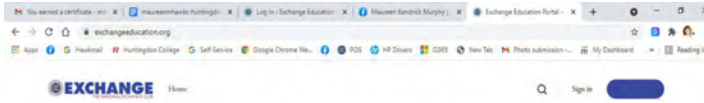
Alabama District Exchange Website
www.alabamadistrictexchange.com

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**Congratulations to the
Alabama District
Exchange Clubs for
positive growth (+2.0 %) for February 2024 of the
2023-2024 Club Year!**



The National Exchange Club has launched a vibrant and useful portal for **FREE** training and professional development for its members. You can find the courses on the NEC Member Resources page after login at the NEC website. Click on **“Resources”** at the top of the page, scroll down, and click on **“Education.”** These courses are very timely, interesting, and helpful. **Go to the portal and start a course today! All officer training and District Director Training are highly recommended to be done at this site!**

ADEC and NEC Membership Update

Alabama District Exchange Clubs (Preliminary as of 2/29/24)

Number of Clubs:	22
New Clubs Built:	0
Clubs Disbanded	0
Current Members	573
Members on 7/31/23	562
YTD % Change in Growth:	+2.0%
YTD Retention:	86.7%

Top Five Districts in the NEC (2/29/24) % YTD Growth in Members As of Feb. 29, 2024

TX/LA Gulf Coast	+23.9%
Puerto Rico	+ 8.5%
NC	+ 6.6%
Four Corners	+ 4.6%
New England	+ 2.7%

National - **2.0%**
529 clubs **14,686 members**

Visit our ADEC Website:

www.alabamadistrictexchange.com



At our ADEC website, you can find:

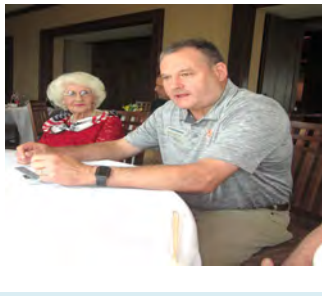
- Updated news & Contact Us Button
- ADEC Clubs and Meeting Times
- ADEC Officers and Div. Dir. Contact Info
- ADEC Convention Information
- Photos of ADEC Events
- NEC “Join Exchange” video
- 2024 ADEC Youth Awards Information

Get the National Exchange Club App for your Phone!

Go to Google Play or Apple Store and download the **FREE** National Exchange Club app.

At the app, you can:

- Register for NEC Hotel in San Antonio.
- Connect to the “Talk Exchange” podcast.
- Click on the magazine button to view issues of **Exchange Today** magazine.
- Find a club.
- Share the app with other members.
- Donate to the NEC Foundation.
- Explore even more options!



Tim Spafford Elected Alabama District Exchange Club President for 2023-2024

Tim Spafford, ADEC President for 2022-2023, was installed as the **ADEC President** for 2023-2024 at the 102nd ADEC Convention at Bald Rock Lodge-Cheaha State Park. Tim is an outstanding member and leader in the Exchange Club of Mobile.

2023-2024 ADEC OFFICERS and DIVISION DIRECTORS

President: Tim Spafford

Immediate Past-President:

Maureen Murphy

President-Elect: Derrick Cunningham

Volunteer Field Representatives: Tommy Holliman, Lisa deShazo, Donna McLaney Jones

Secretary: Linda Schoen

Treasurer: John Schoen

DIVISION DIRECTORS

Division 1: Carolyn Chandler

Division 2: Dana Travis

Division 3: Linda Schoen

Division 4: Lisa deShazo

Division 5: Open

Division 6: Donna M. Jones

Division 7: Judy Friday

Division 8: Mickey McDonnell

Meet Your NEC Region 9 Vice-President Joe Walsh

Joe Walsh, of Vero Beach, FL, was elected NEC Region 9 VP at the 2023 NEC Convention in Phoenix, AZ. Joe leads Region 9, which includes Alabama, Florida, and Puerto Rico. We look forward to "Zooming" with Joe and meeting him in person!



Meet Your National Exchange Club Volunteer Field Representatives (VFRs)



Lisa deShazo
Alabama District President 2019-20 Distinguished District President
Exchange Club of Mobile, AL
loyolamom15@gmail.com

Cell: (251) 591-1077



Tommy J. Holliman
Alabama District President 2013-14 Distinguished District President Outstanding District
Exchange Club of Montgomery, AL
tjh246@gmail.com

Cell: (334) 312-0652



Donna McLaney Jones
Alabama District President 2017-18
Exchange Club of Troy, AL
donnamclaney@yahoo.com

Cell: (334) 268-2553





Plan Now...

106th Annual National Exchange Club Convention
Hyatt Regency San Antonio Riverwalk
July 10-13, 2024



The Hyatt Regency
San Antonio Riverwalk

123 Losoya St., San Antonio, TX, 78205



Why Go to the National Exchange Club Annual Convention?

- **Meet new Exchange friends and renew existing Exchange friendships**
- **Learn about programs of service and fundraisers from other clubs**
- **Attend seminars and the Annual Berkey Dinner**
- **Be inspired by great speakers and entertainers**
- **Help elect new leaders for National Exchange**
- **Have fun in a great city!**
- **<https://member.nationalexchangeclub.org/national-convention/>**

ALABAMA DISTRICT EXCHANGE CLUBS

Programs of Service Completed as of March 21, 2024 (from NEC Website)

Club	Am	PCA	CS	Y	st	FR	Total	NSA
Exchange Club of East Central, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Dothan, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Florence, AL	1	1	2	1	5	2	7	Achieved 10/7/23
Exchange Club of Jacksonville, AL	1	0	3	2	6	0	6	Not yet achieved
Exchange Club of Mobile, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Montgomery, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of East Montgomery, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Opelika, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Phenix City, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Selma, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Troy, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Tuscaloosa, AL	5	0	3	0	8	0	8	Not yet achieved
Exchange Club of Union Springs, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Irondale, AL	0	0	1	0	1	0	1	Not yet achieved
Collegiate Exchange Club of Huntingdon College, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Club of Shoals, AL	1	1	0	2	4	0	4	Not yet achieved
Collegiate Exchange Club of NW-Shoals Comm. Coll-Phil Campbell	3	1	2	1	7	0	7	Achieved 3/21/24
Exchange Excel Club of Crenshaw Christian Academy, Luverne, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Junior Excel Club of Pike Liberal Arts School, Troy, AL	0	0	0	0	0	0	0	Not yet achieved
Exch. Excel Club of Pike Liberal Arts School, Troy, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Excel Club of Jefferson Christian Academy, Irondale, AL	0	0	0	0	0	0	0	Not yet achieved
Exchange Junior Excel Club of Jefferson Christian Acad., Irondale	0	0	1	0	1	0	1	Not yet achieved

2023-2024 Programs of Service

Exchange Club of East Central Alabama



\$8 PER PLATE
SATURDAY NOVEMBER 4TH FROM 7-10 AM
LINEVILLE ELEMENTARY SCHOOL LUNCHROOM
INCLUDES PANCAKES, SAUSAGE, COFFEE, AND JUICE.



Our president, **Dana Travis** and President -Elect, **Sonya Golden** attended the Alabama District Exchange Club Mid-Winter Conference in Irondale , AL on Feb. 10, 2024 . They heard from Kim Berry about the child abuse prevention centers that the Exchange Club helps support. Gordon Stone also spoke about the Higher Education



The **Exchange Club of East Central AL** honored law enforcement heroes and first responders with awards and an appreciation luncheon In fall 2023.

On Feb. 22, 2024,, we heard from Phyllis Hubbard with the **Children's Policy Council of Clay County**. She shared information about three upcoming events in Clay County. Please see the flyers for more information!

See the date for the Children's Policy Council's Spring Bootcamp!

ACT scores can impact scholarships. Strategically Reserve your spot now!

CLAY COUNTY CPC
ACT Spring Bootcamp
REGISTRATION FEE: \$25
MEAL WITH YOU TO TEST

PREPARE FOR APRIL 22nd
APRIL 22nd AT 8:00 AM
PRACTICE TEST WILL BE AT 8:00 AM
YOUR NAME AND PERSONAL INFORMATION WILL BE AVAILABLE FROM 7:00-8:00 AM
AS LONG AS YOU HAVE YOUR ID AND RESERVATION CONFIRMATION EMAIL

TEXT YOUR RESERVATION TO: 706-774-7074 @A115 LIMITED

Join the Clay County Children's Policy Council for a Social Media Awareness workshop to learn strategies to safeguard your families from the dangers of social media.

There will be two sessions: 1pm and 4pm on April 14th at the Lineville Baptist Church.

RESOURCE SPOTLIGHT
SOCIAL MEDIA AWARENESS

LIVE

CLAY COUNTY CPC

2023-2024 Programs of Service

Exchange Club of Florence



Exchange Club of Florence Officers and Board Members for 2023-2024 at the annual club dinner, held at Brick & Ivy in Florence, AL.

Front row (L to R): Maureen Murphy-Sec., Josh Bowling-Board, Brian Maples-President, Jennifer Cornelius-Pres.-Elect, Adin Batson-Treasurer, Joel Quillen-Immediate Past-President.

Back row (L to R): Melissa Bevis-Board, Kenneth Hibbett-Board, Richie Gaskell-Board, Heather Begley-Board, Laura Williams-Board, and Olin Mefford-Board.



Annual Day of Giving, Dec. 2023: Sixteen non-profits received a total of \$15,000 from the Exchange Club of Florence at a special luncheon meeting.



2023-2024 Programs of Service
Exchange Club of Florence



Pickleballers, check in! 🟢 Who has registered for our **CASA Inaugural Pickleball Round Robin Tournament on March 9th?** Registration closes on Friday, March 8th. All proceeds support our mission of advocating for abused and neglected children. ❤️💙 Sponsored by CASA of the Shoals.



Exchange Club of Florence members celebrate the **Nov. 10, 2023 One Nation Under God Breakfast** at the Marriott Conference Center in the Shoals.

2023-2024 Programs of Service

Exchange Club of Florence



ONE NATION UNDER GOD BREAKFAST
6:30-7:45 a.m.
Nov. 10, 2023
Marriott
Conference Center
Florence, AL
Jeremiah Castille
(left center)-
Speaker
Bert Bretherick
(left, ONUG
Committee) and
Brian Maples
(right, Exchange
Club of Florence
President)



Before a crowd of more than 300, Jeremiah Castille shared his story of how faith and the power of prayer changed his life. An All-American while playing for the Bear at Alabama, he went on to play 6 seasons in the NFL. Jeremiah has been the Chaplain for the University of Alabama football team for the past 22 years. Students from area high schools did an incredible job with the National Anthem, Pledge of Allegiance along with opening and closing prayers. The Exchange Club's "One Nation Under God" breakfast was an incredible way to start the day.

We would like to thank the following businesses for purchasing a table and supporting the event:

- University of North Alabama Foundation
- City of Muscle Shoals
- Henderson Roofing
- Lauderdale County Schools
- Mars Hill Bible School
- Shoals Christian School
- City of Florence
- Florence Police Dept
- Florence Gas Dept
- CB&S Bank
- First Southern Bank
- Bank Independent
- First Metro Bank
- Morgan Stanley
- Simpson's Collision
- Cypress Creek Indoor Range
- Barry Jacobs
- Justin Alfred
- Jerry Crowell
- Shoals CASA
- The Caring Place
- Mitchell Hollingsworth
- Northwest-Shoals Comm. College

2023-2024 Programs of Service

Exchange Club of Florence



New member **John Hicks** is inducted by club Treasurer **Adin Batson** below.



The Book of Golden Deeds Awarded to Florence City Historian by Olin Mefford of the Exchange Club of Florence

The Exchange Club was honored to have treasured historian, **Billy Ray Warren** speak at our luncheon this week. He has dedicated a lifetime to enriching others with this history of our area. This week he shared with us about the “Walk of Honor” at River Heritage Park. This beautiful area recognizes individuals from Florence/Lauderdale County who have achieved national or international accomplishments. It brings us so much pride to see such a wide range of achievements from our area! Thank you to **Billy Ray Warren** for honoring your community.



Recently, the **Exchange Club of Florence** had the privilege to honor three First Responders voted on by their peers as Firefighter, Officer & Deputy of the year for October 2023!

Sgt. Christina Keeton is Lauderdale County Sheriff's Department first ever female Sgt. nominated and awarded this honor.

[Lauderdale County Sheriff's Office.](#)

Sgt. Josh Hein has been with Florence Police for 10 years in a variety of roles but currently is in the Explosive Ordnance Division with his K9 partner Deuce. [Florence Alabama Police Department](#)

Ryan Morgan worked in Logistics for 10 years before joining Florence Fire in 2017 for a career in civil service. [Florence Fire Rescue](#) It takes a special individual to run towards danger when human instinct tells you to go the opposite direction.

We are extremely grateful for your service to our community!

2023-2024 Programs of Service

Exchange Club of Florence



The Florence Exchange Club maintains the permanent “Field of Flags” at Deibert Park in Florence and raises and lowers each flag according to Governor Ivey’s and the U.S. President’s orders.



Support the Exchange Club of Florence by Purchasing Pecans!



Each purchase supports local non-profit organizations!

\$12 per bag

- Plain
- Milk Chocolate
- Roasted Salted
- Glazed
- Clusters (Turtles)



2023-2024 Programs of Service Exchange Club of Irondale

The ONUG Breakfast is one of the many events sponsored by the Exchange Club of Irondale each year.



Joe Walsh, NEC Region 9 VP and Linda Schoen, ADEC Sec. and member of the Exchange Club of Irondale, enjoy fellowship at the 2024 ADEC Midwinter event in Irondale.

The pictures below are some of the Exchange Club of Irondale projects. The first below is a **"Waffle Giveaway"** at the Irondale Farmer's Market on 8-12-23. Pictured are (L to R): **Kelley Frank, Sue Miles, Linda Schoen, Uta Jones, Susan Meadows & John Schoen.**



This a picture from **"I Love Irondale Day"** on 7-23-23. **Mayor Stewart, Linda Schoen, and John Schoen** are shown from L to R.

2023-2024 Programs of Service

Exchange Club of Jacksonville

JACKSONVILLE

Gem of the Hills

A GREAT place to live.

© Great Things In Jacksonville

We have news!

We have signs for your yard and your business promoting our town. (See pic left)

"Jacksonville, Gem of the hills. A great place to live!"

Each sign is made locally, 18 by 12, printed on both sides and comes with a stake for ease in placement. Each sign is only \$10. Buy 20 and get one FREE. Cash only please. Just drop into Farmers Insurance, 9 Public Square East on the Jacksonville square between 8 am to 5 pm, Monday thru Friday to get your yard sign. Signs available this coming Friday.

Perfect for yards, businesses, and many sites within town. A great gift, too. We ask you to please NOT place your sign on a city easement. Don't wait, we only have 200 available right now!

This fundraiser will help fund an exciting variety of our community focused projects. Coming up soon for the city is helping with the funding of the inclusive assessable playground and a special wheelchair swing. More details on this and other projects soon. The more you support Great Things In Jacksonville, the more we can do for the community!

Alabama peeps, it's that time!!

LOOKING FOR A WAY TO UNLOAD ALL THOSE STUFFED ANIMALS IN YOUR HOUSE? The Jacksonville Exchange Club is having their annual stuffed animal drive for Child Abuse Prevention Month. If you have a new or gently used stuffed animal that you would like to donate to the Calhoun and Cleburne County Children's Center - HOME HELPERS WILL TAKE THEM!! You can drop your stuffed animals off at Home Helpers in Jacksonville, 1505 Pelham Rd S, Ste 7 from now until Wednesday,. These stuffed animals will be used with children in crisis situations. Call Home Helpers for more info: 256-776-7769.

JACKSONVILLE HIGH SCHOOL
PREPARING ALL STUDENTS FOR A SUCCESSFUL LIFE.

CONGRATULATIONS
Rihanna Matthews!

Rihanna was selected as the September JHS Student of the Month for the Exchange Club.

Rihanna is a senior and a member of FCCLA. She uses her creativity to design tshirts for JHS and is an accomplished artisan in crocheting. She plans to pursue a Business & Entrepreneurship degree at UT Knoxville.

Rihanna Matthews with Shawn Seeger at the Exchange Club meeting on Sept. 14.

2023-2024 Programs of Service
Exchange Club of Jacksonville

Congrats to our Young Citizens of the Month (2024): **Abigail's McNeal** (JCA), **Riley Snapp** (JHS), and **Preston Botsford** (PBHS). And thanks for the fire prevention tips.



JACKSONVILLE, ALABAMA



The Exchange Club of Jacksonville, AL helps each year with the “Take Pride in Jacksonville Day Citywide Clean-Up Saturday.”

2023-2024 Programs of Service

Exchange Club of Mobile



ADEC President Tim Spafford leads the **2024 ADEC Midwinter** event held at Jubilee Ministry in Irondale, AL Feb. 10, 2024. Tim is a leader and an active member of the Exchange Club of Mobile.

Lisa deShazo (VFR and Mobile Club leader) is serving as our 2024 ADEC Convention Chair. Thank you, Lisa!



During the 2023-2024 club year so far, the Exchange Club of Mobile has conducted many Programs of Service (POS), and continues to be one of ADEC's most active clubs, with events completed including the following:

- **Field of Flags** at Battleship Park in fall 2023. A local videographer made a beautiful **video** of the event and of the Field of Flags using a drone flyover.
- **Fundraisers** were held including Boston Butt sales and pecan sales.
- **Service projects** for the community included recognition of law enforcement and fire personnel, Proudly We Hail awardees, youth awards, Meals on Wheels volunteer work, Recognition of and Aid of Veterans and more!

2024 ADEC Convention to be Held in Mobile, AL



June 1-2, 2024

Mobile, AL

Watch your email for details!

2023-2024 Programs of Service Exchange Club of Montgomery



Sheriff and ADEC District President-Elect **Derrick Cunningham** (left) speaks to ADEC on Feb. 10, 2024, about his District President training in San Antonio, TX at the NEC Mid-Winter Leadership Conference. On the right, the Exchange Club of Montgomery donated \$500 and Time-Out Teddy Bears to **Child Protect** in Montgomery.



Dr. Mitch Henry (left below), President of Faulkner University, was our speaker in late summer 2023 at one of our weekly club meetings. He gave us an overview of the programs offered by Faulkner. He stated that Faulkner had around 700 traditional students with around 2600 statewide.



2023-2024 Programs of Service
Exchange Club of Montgomery

Youth Programs

2024 Youth of the Year program. Left to right: **Wilson Samuel, Will Alexander, and Corey Heizen** who are our candidates for **Youth of the Year for 2024**. Wilson is from Saint James, Will is from Catholic High, and Corey is from Alabama Christian Academy. The Exchange Club of Montgomery has been very active every year in recognition of our youth.



EXCHANGE CLUB OF MONTGOMERY HISTORY

Flashback from 1974. The Club was chartered in 1921. Exchange Club members like to see the history of the club!



Twenty of our past presidents were present last week as we celebrated our 53rd anniversary. President BOB ANDERSON put them to work again by serving birthday cake to the 110 persons in attendance. We had a great day (and especially one group of people seated around one of the tables) and look forward to 53 more birthdays. If you desire a picture of the above group, you may obtain a 5 X 7 copy from ALLEN NUNNELLY. Many Exchangettes joined with us as well as CHARLES BRYANT, guest of GROVER JACOBS; FRED JONES, guest of LAMAR WAGNER; WINARD BRITT, guest of DICK WILLINGHAM, and MRS. BELL, mother-in-law of EARL GREEN.

Alabama District Exchange 2022 Youth of the Year, Julienne Pharrams (Montgomery Exchange Club entrant), with Wiley Cutts, Youth Chair-Exchange Club of Montgomery.



2023-2024 Programs of Service

Exchange Club of Phenix City, AL

The Alabama District welcomed the club to our district on July 1, 2023. The club will sponsor the **3rd Annual Car and Motorcycle Show**, benefiting **Children's Charities** on May 4, 2024.

(See below, left).



March 21, 2024- Amanda Norris, Jonathan Norris, and Shawneese Boyce spoke to the club today about Freedom Farms! They have an upcoming clay shoot fundraiser on April 6th , 8:30a-4:00p, at Grand Reserve and Lodge, 3945 Old Seale Road, Phenix City, AL. Four-man teams at \$500.00 per team. The shoot is being put on by Wind Ridge Shooting Sports. All proceeds go to help children, young adults, and families in crisis in our community. Register at: FREEDOMFARMCROSSROAD.COM



March 7, 2024-Jason Sasser with Central High School and Brooklyn Bedford and Taelynn Teel of the Central robotics team visited the club today and shared their amazing list of accomplishments and awards. Congrats to you both! Keep reaching for the moon!



Exchange Club President Lance Brooks presented Chris Lammons with a check for the 2023-2024 Leadership Lee County Class Project at today's membership meeting. The club is happy to help the leadership class with their project benefiting Lee County elementary students.-Feb. 2024

2023-2024 Programs of Service
Exchange Club of Selma



The Exchange Club of Selma has a presence on the "Welcome to Selma " sign.



Judy Friday, front right, serves as an ADEC Div, Director and member of the Exchange Club of Selma. Picture taken at 2024 ADEC Midwinter.

2023-2024 Programs of Service
Exchange Club of Troy

EXCHANGE

TROY, ALABAMA

From **Donna Jones**: Thank you all for supporting the Troy Exchange Club. Today is onion day! Message us if you missed out... we have a few extras ordered. You can order a twenty-five-pound bag or a ten-pound bag.



For many years, the Exchange Club of Troy has sold Vidalia onions as the major fundraiser for the club. The club makes a lot of money each year and can give much money back to non-profits in the community each year.

The Exchange Club of Troy sponsored the ADEC's new club-The Exchange Excel Club of Crenshaw Christian Academy in Luverne, AL. **Donna Jones** (VFR) and Troy Club member and **Billy Jones**, Troy Club, were new club builders!

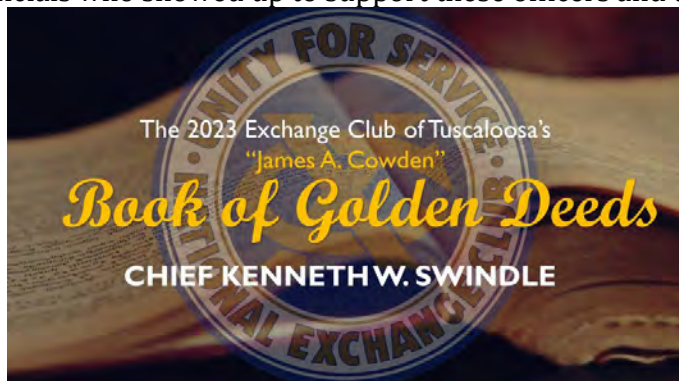
2023-2024 Programs of Service
Exchange Club of Tuscaloosa

Law Enforcement of the Year Awards



From left to right, **Chief Ken Swindle** (Chair of the LEO Appreciation Committee), Tuscaloosa County SO recipient **Chief Deputy Loyd Baker**, Northport PD recipient **Inv. William Love**, Tuscaloosa PD recipient **Hannah Crocker**, ALEA co-recipients **Sr. Trooper Ryan Wise** and **CPL Freddie Ingram**, UAPD recipient **Inv. Deandre Spencer**, and keynote speaker **Alabama Supreme Court Justice Sarah Stewart**.

Thank you to our members, guests and especially our Circuit, District and Municipal Judges as well as our local elected officials who showed up to support these officers and their agencies!



2023-2024 Programs of Service
Exchange Club of Tuscaloosa



The cookoff benefits the Exchange Club of Tuscaloosa and its work in child abuse prevention, youth development, community service, and Honoring America projects. The organization donates to local charities as well. **Glen Smith** serves as Chair, and the event is sponsored by OLLI-Osher Lifelong Learning Institute at the University of Alabama.

<https://www.wbrc.com/video/2024/02/12/tuscaloosa-chili-cook-off/>



2023-2024 Programs of Service

Collegiate Exchange Club of Huntingdon College



Mary Dudley and Dr. Erastus Dudley, Professor of Biology at Huntingdon, were awarded the 2023 Blue Ribbon Award for their outstanding work serving as foster parents to many youth.



Collegiate Exchange of Huntingdon College club members and Dr. Maureen Murphy, club sponsor, attend the Health Professions Fair at Huntingdon College.



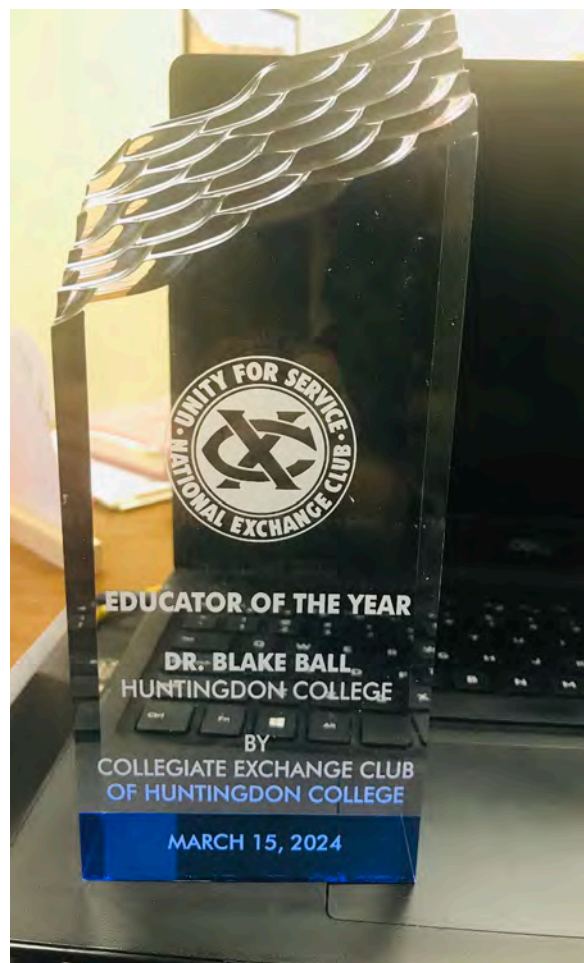
Collegiate Exchange Club members prepared 48 cobalt blue Exchange cups with Valentine's Day surprises/treats for Teacher Appreciation Day on Feb 14th!



2023-2024 Programs of Service
Collegiate Exchange Club of Huntingdon College


 Professional Clothes
 Donation Drive
 OCTOBER 24-25
 DINING HALL 11 AM -1 PM
 IN PARTNERSHIP WITH THE
 CENTER FOR CAREER AND VOCATION
 TO HELP THOSE WHO NEED PROFESSIONAL CLOTHES
 FOR INTERVIEWS, LUNCHEONS, JOB FAIRS, ETC.

Club members donated professional clothes to the 1st Annual “Professional Clothes Donation Drive” in October 2023.



Each year, the Collegiate Exchange Club of Huntingdon College selects the “Educator of the Year,” based upon the following criteria:

The Collegiate Exchange Club of Huntingdon College Educator of the Year is that faculty member who:

- (a) instills in students the desire to learn;
- (b) upholds the principles of honesty and integrity of the profession;
- (c) engages students inside and outside the classroom to prepare students for better opportunities, greater service, and leadership, and
- (d) desires to make our college and community a better place to live.

Congratulations to the 2024
Educator of the Year selected
by members of the Collegiate
Exchange Club of Huntingdon:

Dr. Blake Ball
Department of History

2023-2024 Programs of Service Exchange Club of the Shoals



Club members sponsored wreaths for the graves of veterans through the “Wreaths Across America” program and placed the wreaths on the graves in Winston and Colbert counties in Dec. 2023.

Members packed shoeboxes for children in the Operation Christmas Child project in November 2023 and 2024.



Club President **Sarah Mosley** (right) delivers “Shaken Baby” computer doll to Family and Consumer Science teacher at Phil Campbell HS.



2023-2024 Programs of Service

Collegiate Exchange Club of Northwest-Shoals Community College-Phil Campbell



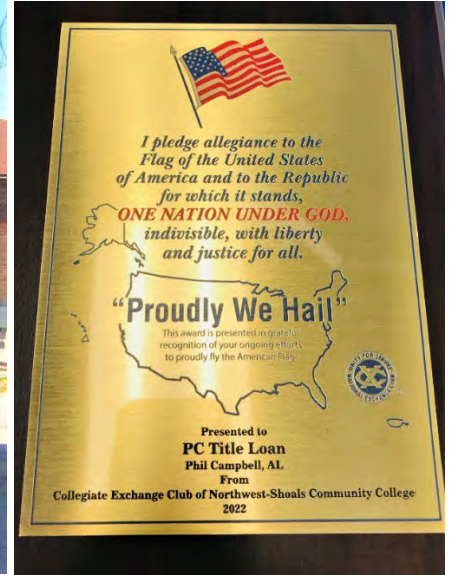
2024 Educator of the Year-Mr. **Kenneth Brackins**, Psychology Instructor at NWSCC-PC. Mr. Brackins is shown in the picture at the right. Club faculty advisor **Dr. Maureen Murphy** presents the award from the Collegiate Exchange Club of NWSCC-PC in March 2024.



The 2024 So Proudly We Hail Award (left) was given to **Phil Campbell High School** (see above) in March 2024 from the Collegiate Exchange Club of NWSCC-PC.

2023-2024 Programs of Service

Collegiate Exchange Club of Northwest-Shoals Community College-Phil Campbell



2023-2024 Programs of Service

Collegiate Exchange Club of Northwest-Shoals Community College-Phil Campbell

Club members celebrated their 2nd anniversary in February 2024.



In the picture below, **Eli Hall** (left), joins the Collegiate Exchange Club of NWSCC-PC, and is inducted by President **Amy Nelson** (center) in Feb. 2024. Club members each receive a club mug (See below).



2023-2024 Programs of Service

Exchange Excel Club of Crenshaw Christian Academy

Luverne, AL



ADEC's newest club for 2022-2023 was chartered on Nov. 30, 2022. The new club is called the **Exchange Excel Club of Crenshaw Christian Academy of Luverne, AL**. The club was sponsored by the Exchange Club of Troy. Club Builders were **Donna Jones** (VFR and Exchange Club of Troy) and **Billy Jones**, Exchange Club of Troy. Also present were VFRs **Tommy Holliman** and **Lisa deShazo**.

The club has been busy this first and a half year doing service projects for the school and community.

**NEW CLUB BUILDING PROJECTS FOR
THE ALABAMA DISTRICT-2024**

Growth and Retention Plan for 2023-2024

- **Grow Alabama Exchange by “each one get one,” from Past-President Don Wright**
- **Grow Alabama Exchange in 2023-2024 by building new clubs. Build a new Exchange Club, a new Excel/jr. Excel Club, and a new Collegiate club.**
- **These clubs (and maybe more) are planned to be built 2023-2024:**
Collegiate Exchange Club of Faulkner Univ.-Montgomery, AL
Exchange Club of Luverne, AL
Excel and Junior Excel Clubs at Alabama Christian Academy
After Hours Exchange Club of Montgomery, AL
- **Increase membership to at least +2% growth through ADEC President’s recruitment program.**
- **Membership growth for past three administrative years:**

2019-2020	+0.2%
2020-2021	+1.1%
2021-2022	+7.2%
2022-2023	-4.3%

Happy Easter to All Members, Friends, and Families



Elevator Speech

We are a National Community Service Club.

The National Exchange Club is an organization making communities better places to live through projects focusing on Americanism, Youth, Community Service and our National project of Prevention of Child Abuse. Our membership is open to all those who share the same passion.

What is your passion? Visit:
www.alabamadistrictexchange.com

**Join Exchange
Video (about 2.5
minutes)**

[https://youtu.be/
qFud_Alftlc](https://youtu.be/qFud_Alftlc)

Alabama District Exchange Clubs 2024 Youth Awards

Youth of the Year Award-Recognizes high school seniors who attain high levels of scholastic achievement, community involvement, and leadership. Applications can be found on the NEC Website (<https://www.nationalexchangeclub.org/>) and are to be submitted to the ADEC Youth Awards Chair, John Schoen, by May 15, 2024. He will submit them to a review panel comprised of three (3) professionals. The panel will determine, based upon the application scores and the attached 800–1200-word essay, the 2024 ADEC Youth of the Year. The winner will be invited to attend the 2024 ADEC Annual Convention in Mobile, AL on Saturday, June 1, 2024, where he or she will receive a check for \$1,000. An application on behalf of the winner will also be submitted to the National Exchange Club for consideration for the National Youth of the Year Award, which is \$15,000.

Accepting the Challenge of Excellence (A.C.E.) Award-Recognizes high school seniors who have made a dramatic change in their attitude and performance during their high school years. These changes have enabled the student to overcome adversities and prepare for graduation. Applications can be found on the NEC website (<https://www.nationalexchangeclub.org/>) and are to be submitted to the ADEC Youth Awards Chair, John Schoen, by May 15, 2024. He will submit them to a review panel made up of three (3) professionals. The panel will determine, based upon the application scores and two 250-word narratives, the ADEC A.C.E. Award Winner. The winner will be invited to attend the 2024 ADEC Annual Convention in Mobile, AL on Saturday, June 1, 2024, where he or she will receive a check for \$1,000. An application on behalf of the winner will also be submitted to the National Exchange Club for consideration for the National A.C.E. Award, which is \$15,000.

Oratorical Contest-Six (6) youth (3 males and 3 females) from around Alabama are invited to participate in an oratorical contest held at the ADEC Annual Convention in Mobile, AL on Saturday, June 1, 2024. The youth will present speeches based upon the yearly theme of Americanism and will be judged by a panel made up of three (3) judges. Each participant will receive a check for \$300 and the male and female winners will each receive an additional \$300. Applications should be submitted to John Schoen, ADEC Youth Awards Chair, by May 15, 2024.

The Legacy of the Year Award-is a National Exchange Club award and recognizes high school students who are children, grandchildren, or great grandchildren of Exchange Club members. Candidates must also display exceptional community involvement and leadership skills. Candidates for this award must submit their applications directly to the National Exchange Club Headquarters.

The theme for the 2024 Youth of the Year Essay and Oratorical Contest is:

“How Has the Increasing Emphasis on Diversity and Inclusion Impacted American Youth?”

John Schoen, ADEC Youth Awards Chair

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